

**Mudane/marwo,**

Iskuulka caruurtinu dhigato waxaa laga bixinayaa barnaamij caafimaad oo ku saabsan ilkaha ama nadaafada ilkaha. Barnamijkan wuxuu ka caawinayaa caruurta ka hortaga in ilkuhu bololin, iyadoo la gelinayo caaga ilkaha lagu daboolo ee loo yaqaano sealant, caagaas oo la gelinayo qaybta kore ee cuntada lagu calaalsho. Shaqaale ka shaqeeya ilaalinta caafimaadka ilkaha ayaa samayn doona baadhitaanka caafimaadka ilkaha si ay u eegaan in ilmahaagu u baahanyihii caaga ilkaha lagu xidhi iyo in kale. Waxa kale oo laga yaabaa in ilmaha ka qayb qaata la siiyo ilko nadiifin iyo daawada fluoride. Waxaa ilmahaaga loo soo dhiibi doonaa akhbaar ku saabsan baadhitaanka ilmahaaga, tirada caagaga ilkaha loogu xidhay iyo weliba macluumadka aad dhakhtarka ilmahaaga u gaysaan hadii loo baahanyahay. Marka caagaga lagu xidho ilkahaaga kadib waxaa laga yaabaa in dib loo eego laba bilood illaa hal sano gudohood marka qofka loo geliyo kadib, haddii loo baahdo. Baadhitaankan aanu samaynoo maaha mid loogu talo galay in uu bedelo baadhitaankii kale ee aad ilmahaaga ku heli laha. Waa in aad ilmahaagu sidii caadiga ahayd u helo baadhitaan dhamaystiran oo uu sameeyo dhakhtarkiisa gaarka ah ugu yaraan sanadkiiba mar.

**Fadlan hoos ku caddie in aad rabto in ilmahaagu ka qayb qaataan iyo in kale, hadii aad rabto in ilmahaagu ka qayb qaataan fadlan soo celi foomkan MAANTA (fadlan dooro haa ama maya)**

- HAA, Waan rabaa in ilmahayga lasiyo baadhitaanka kahortaga bololka ilkaha oo ay ku jirto xidhitaanka SEALANT. Haddii aad rabto in ilmahaagu ka qayb qaato: Fadlan buuxi foomkan dhamaantiis (labada dhinacba), saxiix oo u soo celi macalinka ilmahaaga Manta**
- Maya, ma rabo in ilmahaygu helo daawayntan ka hortaga bololka ilkaha oo ay ku jirto xidhitaanka SEALANTS. Haddii aadan rabin in ilmahaagu ka qayb qaato: Fadlan kusoo qor ilmahaaga magaciisa oo keli ah, soo saxiix dhinaca kale ee foomkan oo soo celi**
- Ilmaha magaciisa: \_\_\_\_\_

Gadanayo barnaamijka ka hortaga bololka ilkaha:

**ILMAHA MAGACIISA** \_\_\_\_\_ **DHALASHDA** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **WIIL** \_\_\_\_\_ **GABAR** \_\_\_\_\_

**Iskuulga** \_\_\_\_\_ **MACALINKA** \_\_\_\_\_ **Fasal** \_\_\_\_\_

**ADRESSKA GURIGA:** \_\_\_\_\_ **TALEEFANKA GURIGA** \_\_\_\_\_

**TAARIKHDA CAAFIMAADKA :** (Fadlan calaamadi haa ama maya)

- Ilmahaagu miyuu kujiraa xaalad dhowrid gaar ah oo ku saabsan xaalad caafimaad ama xanuun ilmahaagu qabo? **HAA / MAYA**

Haddi ay HAA tahay fadlan faah faahin ka bixi \_\_\_\_\_

- Ilmahaagu miyuu qaataa wax daawo ah hada? **HAA / MAYA**

Haddi ay HAA tahay fadlan qor daawooyinka ilmahaagu qaato \_\_\_\_\_

- Ilmahaagu weligiis ma qabay xaalada caafimaad oo halis ah? **HAA / MAYA**

Haddi ay HAA tahay fadlan faah faahin ka bixi \_\_\_\_\_

- Ilmahaagu ma qabaa wax allerji ah? **HAA / MAYA**

Haddi ay HAA tahay fadlan qor waxa uu ilmahaagu alarju ku qabo \_\_\_\_\_

- Ilmahaagu ma leeyahay dhakhtarka ilkaha oo u gaar ah? **HAA / MAYA**
- Ilmahaagu ma booqday dhakhtarka ilkaha sanadkii u danbeeyey? **HAA / MAYA**

**JINSIYADA ILMAHAGA/CIDA:** (Fadlan dooro mida uu ilmahaagu yahay)  African American  African  Other

Caymiska caafimaad ee Minnesota care iyo caymisyada caafimaad ayaa bixiya kharashka progaramkan Sealant/Caaga ilkaha lo kuu talakaley.

Hadii ilmahaagu haysto caymiska Minnesota care, *fadlan dooro* caymiska ilmahaagu haysto oo qor ID nambarka, ama *dooro qaybta* hoose hadii ilmahaagu haysto haysto caymis kale.

Ilmahaygu wuxuu haystaa camiskan:



ID # /Member # \_\_\_\_\_ PMI#(Health Partners/DentaQuest/UCare) \_\_\_\_\_

Ilmaheygu waxay haystaan caymis kale oo aan kor ku qornayn: magaca caymiska iyo nambarka kaadhka ama ID # \_\_\_\_\_

Qorshaha magaca caymiskas \_\_\_\_\_ Qofka ku qoran caymiska \_\_\_\_\_  
Qofka ku qoran caymiska dhalashadiisa \_\_\_\_\_ Numbarka aqoonsiga \_\_\_\_\_

Ilmahaygu ma haysto caymis caafimaadd. Waxaan jeclaanlahaa in ilmahaygu helo caawimaad dhanka bixinta kharashka daawayntan.

**Macluumaadka halkii lagaala soo xidhiidhi lahaa hadii xaalad deg deg ah jirto: *Fadlan qor magac iyo taleefan lagaala soo xiriirda xaalad deg deg ahi jirto.***

Magaca qofka lala soo xiriirayo: \_\_\_\_\_ Taleefan: \_\_\_\_\_

Qof Qofkani muxuu u yahay ardaygan: \_\_\_\_\_

**Ogolaansha daaweynta**

Waxaan siinaayaa barnaamijka sealent iyo daryeelka ilkaha bulshada ogolaanshaha dugsiga ku salaysan si ay u bixiyaan baaritaanka ilkaha iyo adeegyo ka hortag ah oo ay ku jiraan nadiifinta ilkaha, ayna ka aruursan ka araan ama kaqaadan karaan lacagta gargaar caafimaadka ama caymiska gaarka loo leeyahay; in uu dentistaha kahelo caruurteyda rekoorkooda caafimaadka ilkahooda iyo bilka; in ay u isticmaali karaan daryeelka ilhaha iyo bilinka; ayna ila soo xiriirkaraan arimaha kusaabsan daryeelka caafimaadka ee daawaynta, lacag bixinta, caymiska, iyo akoonteyga.

Saxiixaygaa foomkan, waa oggolaanshaha ilmaheyga inuu ka qaybgalo barnaamijka dugsiga ku salaysan sealent ah, Waxaan helay nuqul ogeysiiskan ah daryeelka bulshada ilkaha ee gaarka loo leeyahay. Waan ogahay in aan kaheli karo nuqul Ogeysiiska gaarka ah xafiiska kalkaalizada Dugsiga. Ogolaanshahaan wuxuu ansax yahay 24 bilood oo lagu bixin karo adeegyo sii socda.

Magaca waalidka ama masuulka: (fadlan qor) \_\_\_\_\_

- **SAXIX waalidka ama masuulka:** \_\_\_\_\_ Taariikhda \_\_\_\_\_

*If you have questions about Community Dental Care's School-Based Sealant Program, please call (651)-478-4703 and ask to speak with Kali Tiernan Sealant Program Manager.*



Delta Dental of Minnesota Foundation

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