

# Pregnant Mothers Outreach Program

## Information for Health Care Providers



Chronic inflammation of gum tissue is known as gum or periodontal disease. In pregnant women, severe periodontal disease is associated with a sevenfold increase in risk of early labor and low birth weight. Treating this disease will decrease this risk.

**Community Dental Care** has developed an outreach program for pregnant mothers to treat and monitor the progress of their dental disease and increase the health of their babies. A secondary focus of the program is to prevent early childhood caries in babies.

We invite you to refer your patients to our outreach program. We welcome mothers and their children from all races and ethnic backgrounds. Our staff speak Hmong, Thai, Laotian, English, Spanish, Vietnamese, French and Farsi.

Pregnant mothers may enroll any time during their pregnancy. Each mother will receive the following educational and dental care services. She will receive a gift pack with dental care products during the first visit and will be offered the products again at three and nine months following the initial visit.

### Education

- Complete oral hygiene instruction, nutrition and general health counseling.
- Early childhood caries risk assessment and care for their new baby and other children under five.
- Follow-up phone calls to encourage and further educate mothers.

### Dental Care

- Complete periodontal exam to check for gum disease.
- Six and twelve month recalls to monitor progress of disease treatment.
- Preventive and restorative treatments.

### Dental Care Products

- Choice of spinbrush and Lactona toothbrush or two Lactona toothbrushes
- Toothpaste and floss
- Educational handouts

**Community Dental Care** welcomes patients with Medical Assistance and Minnesota Care, including: U-Care, Health Partners, Blue Plus, Medica, Delta Dental, commercial insurance and self-pay.

**For additional information about this outreach program,  
please contact Ann Copeland, Director of Public Health, at 651-774-2959, Ext. 223.**

## Community Dental Care

quality dental care for all



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